

FALL CLASS SCHEDULE - 2020/2021

PARENTING TODDLERS - Julie Darby **Mondays, 11:00 - 12:00, Conference Rm**

DATE	LSN#	TITLE
9/14	T1.1	Mommy Milestones
9/21	T1.2	12-15 Months Gowing Up
9/28	T3.1	Bonding With Your Toddler
10/5	T1.3	15-18 Months Ms. Personality
10/12	T3.2	Time w/Toddler
10/19	T1.4	18-24 Months Mr. Independent
10/26	T3.3	The Importance of Words
11/2	T1.5	24-36 Months Big Kid
11/9	7.3	Car Seat Safety
11/16	T3.4	I Can Do It Myself
11/23	T3.5	The Happiest Toddler
11/30	T2.1	Toilet Training

HEALTHY PREGNANCY - Joyce Wood **Wednesdays, 11:00 - 12:00, Conference Rm**

DATE	LSN#	TITLE
9/9	1.1	Pregnancy: The First Trimester
9/16	1.2	Prenatal Care
9/23	1.3	Eating for Two
9/30	1.4	Your Ultrasound Appointment
10/7	1.5b	First Trimester Expectations
10/14	2.1	Your Second Trimester
10/21	2.2	The Emotions of Pregnancy
10/28	2.3	What's Safe In Pregnancy
11/4	2.4	Bonding with Your Unborn Baby
11/11	2.5b	Second Trimester Expectations
11/18	3.1	Your Third Trimester

PARENTING INFANTS - Kristi Mallet **Tuesdays, 11:00 - 12:00, Conference Rm**

DATE	LSN#	TITLE
9/8	4.3	Eye Contact Means Love
9/15	4.4	Infant Temperament
9/22	4.5	The Importance of Bonding
9/29	7.3	Car Seat Safety
10/6	5.1a	Infant Massage
10/13	5.1b	Infant Expectations
10/20	8.2	SIDS
10/27	8.3	Newbord Sickness
11/3	8.4	Infant CPR
11/10	9.1	Infant Nutrition
11/17	9.3	Ready to Learn / Getting Your Baby to Sleep
11/24	#0492	Crying

YOUR FINANCES - Kristi Mallett **Thursdays, 11:00 - 12:00, Conference Rm**

DATE	LSN#	TITLE
9/10	#0186	Fighting the Impulse to Spend
9/17	#0187	The Monster of Debt
9/24	#0188	Credit Cards, Friend or Foe?
10/1	#0189	Financial Emergencies
10/8	#0190	Budgeting 101
10/15	#0191	Credit Scores
10/22	#0192	Buying a Car
10/29	#0193	Career or Job?
11/5	#0194	Staying out of Debt
11/12	#0195	Your Financial Future
11/10		Class Review & book intro

BIRTH CLASS - LABOR 101

Techniques and information that help expectant parents prepare for their child's birth. Contact us to schedule this class to start about the 7th month of your pregnancy.

11.1	Intro & Options	11.4	What to Expect
11.2	Interventions & Labor	11.5	Infant Care
11.3	Moving Through Labor		